

# 04 Public Speaking

Bespoke session

**The most important ideas in your organisation deserve to be heard. This bespoke coaching programme helps leaders communicate with clarity, confidence, and presence.**

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## What you'll learn

- Structuring a compelling narrative for any audience
- Managing nerves and projecting calm authority
- Using voice, pace, and pause for maximum impact
- Handling Q&A and difficult questions with grace

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## Who is it for

Leaders preparing for board presentations, conference keynotes, or team communications.

## Duration

Bespoke - typically 2-4 sessions of 90 minutes each

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## Outcomes

Participants deliver their target presentation or speech with measurably greater confidence and audience impact.