

09 Psychological Safety at Work

1-day programme

Psychological safety is the foundation of high-performing teams. This programme helps leaders understand what it is, why it matters, and how to build it deliberately and sustainably.

What you'll learn

- What psychological safety is and the evidence behind its impact on performance
- How to identify the behaviours that undermine safety in your team
- Practical techniques for encouraging honest input and constructive challenge
- How to respond to mistakes and concerns in ways that build rather than erode trust

Who is it for

Team leaders, managers, and senior leaders who want to create environments where people contribute fully and speak up freely.

Duration

1-day programme

Outcomes

Leaders leave with a clear action plan for building psychological safety and practical tools for sustaining it over time.