

# 25 Building Trust in the Workplace

1-day programme

**Trust is the currency of effective organisations. This programme helps leaders and teams understand how trust is built, broken, and rebuilt - and develop the habits that sustain it.**

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## What you'll learn

- The components of trust and how they apply in workplace relationships
- How to identify and address trust deficits in your team or organisation
- Practical habits for building reliability, transparency, and openness
- How to rebuild trust after it has been damaged

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## Who is it for

Leaders, managers, and teams who want to strengthen trust within their working relationships and across the organisation.

## Duration

1-day programme

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## Outcomes

Participants leave with a clear understanding of the trust dynamics in their team and practical strategies for building and sustaining trust over time.